

LET'S GET COOKING! / ¡VAMOS A COCINAR!



# RECIPE CONTEST 2024 / CONCURSO DE RECETA

Student Name / Nombre del Estudiante: Calvin Jansen

Teacher's Name / Nombre del Profesor: Mr DeSalvo

School Name / Nombre de Escuela: Concordia

Grade Level / Nivel del Grado: 5

Recipe Title / Título de Receta: Korean Eggs and Rice

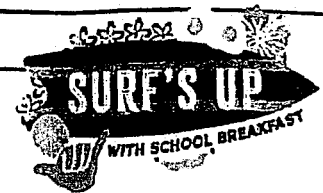
## Ingredient List / Lista de ingredientes:

- green onions, 1 bunch
- 5 oz kimchee
- 5 eggs
- 1 cup cooked rice
- 4 sprigs cilantro

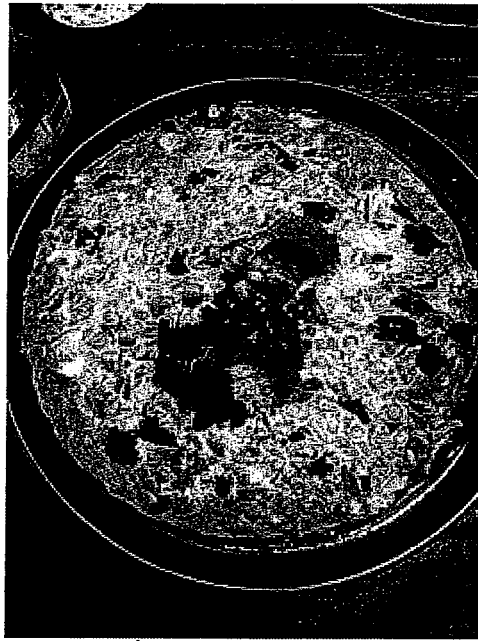
## Instructions / Instrucciones:

1. chopped green onions, kimchee and cilantro
2. scrambled eggs in a bowl
3. add kimchee, 1/2 the onion and 1/2 cilantro
4. evenly spread cooked rice in to a 10 inch non stick frying pan on medium heat
5. pour egg mixture onto rice in the pan
6. cover and let cook for 10 minutes untell eggs are cooked.
7. put on plate, top with leftover onions and cilantro and eat

Serves / Porciones: 3



Photograph or drawing of the completed dish/fotografía o dibujo del plato completo



Brief Paragraph of the Recipe's Story (who taught you how to make it, how you came up with the recipe, why you like it, family history, etc.) / Breve párrafo de la historia de la receta (quién te enseñó cómo hacerlo, cómo se te ocurrió la receta, por qué te gusta, historia familiar, etc.)

i got this from a book it looked good so i made it it was ok but wen and made some changes it was a lot better.

RECIPE MUST BE SUBMITTED BY 3/8/24 / LA RECETA DEBE ENVIARSE ANTES DEL 3/8/24

Entries may be submitted in one of the following manners / Las entradas se pueden enviar de una de las siguientes maneras:

1. Submit to teachers or cafeteria staff, who will forward entries to Food & Nutrition Services, ATTN: Recipe Contest, Shannon Illingworth / Envíelo a los maestros o al personal de la cafetería, quienes enviarán las entradas a los Servicios de Alimentos y Nutrición, ATTN: Recipe Contest, Shannon Illingworth
2. Mail to / Enví a 32972 Calle Perfecto San Juan Capistrano, CA 92675