

Let's Get Cooking! / ¡vamos a cocinar!  
RECIPE CONTEST 2024 / CONCURSO DE RECETA



Student Name / Nombre del Estudiante: Blair Partridge

Teacher's Name / Nombre del Profesor: Ms. Sherburne

School Name / Nombre de Escuela: Bathgate Elementary

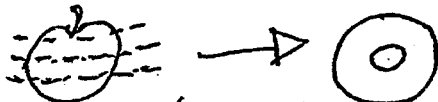
Grade Level / Nivel del Grado: 3

Recipe Title / Título de Receta: APPLE CROQUITS

- 2 red delicious apples
- 1 sheet puff pastry, cut in 1/2 inch strips
- 1/2 c. brown sugar
- 1 tsp. cinnamon
- 1 egg yolk, whipped with 1 tsp. water

Instructions:

1. Cut apples horizontally and remove core. Make sure each slice is intact.



2. Cut puff pastry sheet into 1/2 inch strips. Wrap each apple slice with pastry strip.

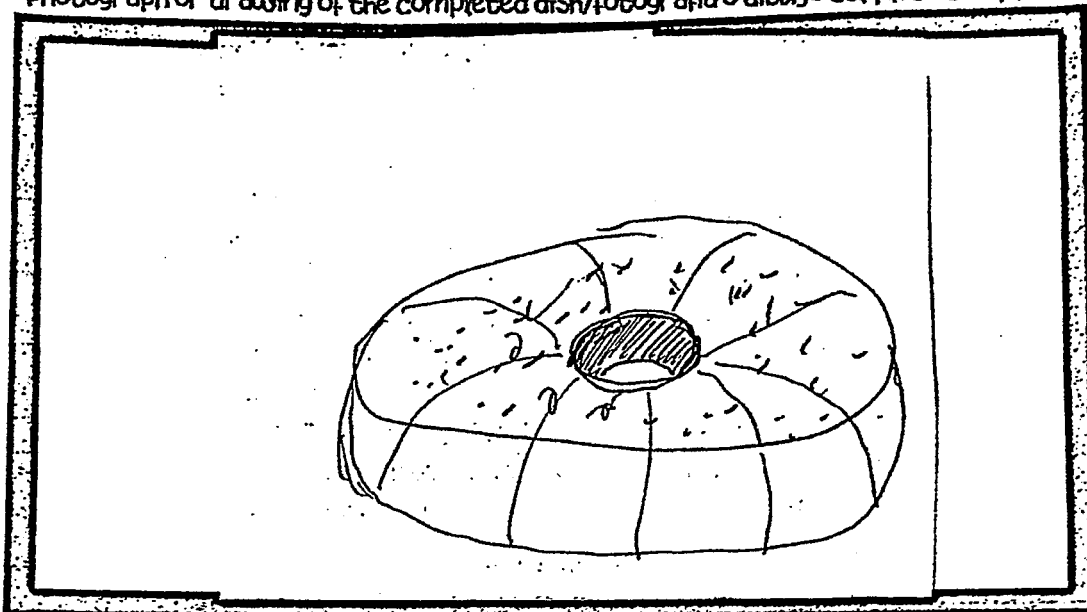


3. Brush with egg wash. Sprinkle with cinnamon & sugar. Bake @ 400°F until golden brown (15-20 minutes)
4. Optional: sprinkle with powdered sugar.

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Photograph or drawing of the completed dish/fotografía o dibujo del plato completo



Brief Paragraph of the Recipe's Story (who taught you how to make it, how you came up with the recipe, why you like it, family history, etc.) / Breve párrafo de la historia de la receta (quién te enseñó cómo hacerlo, cómo se te ocurrió la receta, por qué te gusta, historia familiar, etc.)

When cronuts became popular, my grandma wanted to make healthy cronuts at home. My sister and I love apples, so my grandma made donut-shaped apple slices and then wrapped each slice with a strip of pastry, like a Mummy! We enjoyed helping make these and ~~it~~ it has become a Sunday breakfast tradition ever since.

Entries may be submitted in one of the following manners / Las entradas se pueden enviar de una de las siguientes maneras:

1. Submit to teachers or cafeteria staff, who will forward entries to Food & Nutrition Services, ATTN: Recipe Contest, Shannon Illingworth / Envíelo a los maestros o al personal de la cafetería, quienes enviarán las entradas a los Servicios de Alimentos y Nutrición, ATTN: Recipe Contest, Shannon Illingworth
2. Mail to / Envíe a 32972 Calle Perfecto San Juan Capistrano, CA 92675