

Press Release
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**CAPISTRANO UNIFIED ALUMNA KATHRYN PLUMMER
WINS PRESTIGIOUS JAMES E. SULLIVAN AWARD**

*Becomes Second Women's Volleyball Player to Receive the Honor
as Top Amateur Athlete in US*

SAN JUAN CAPISTRANO, CA – Current Stanford University Junior and Aliso Niguel High School Alumna, Kathryn Plummer has been named the 89th James E. Sullivan Award winner. The prestigious award has been presented annually since 1930 by the Amateur Athletic Union (AAU) to the most outstanding amateur athlete in the United States, and aims to recognize athletes who demonstrate qualities of leadership, citizenship, character and sportsmanship, both on and off the field.

Plummer attended Aliso Niguel High School, where she was a four-year letterwinner in volleyball, captaining her team from 2013-2015, and was named four-time Scholar-Athlete, among other accomplishments. After graduating in 2016, she moved on to attend Stanford as a Human Biology major with a concentration in Exercise and Sports Physiology.

In her first season on the volleyball court at Stanford, she was named Freshman of the Year by Pac-12 and the AVCA Pacific North Region. In her Sophomore and Junior years she was named Pac-12 Player of the Year, AVCA All-Pacific North Region Player of the Year, and EspnW National Player of the Year. Last season, she received the Honda Sport Award for women's volleyball and was named Player of the Year by VolleyballMag.com. Additionally, she was part of both NCAA Championship teams (2016 and 2018), the NCAA twice named her to the Final Four All-Tournament team (2016 and 2018), and last season she was named Co-Most Outstanding Player.

“We are proud of the successes our young people have not only while attending our schools, but also as they move on to their post-secondary education and into their careers,” said Superintendent

Kirsten Vital. “Kathryn has accomplished so much as an outstanding athlete and exceptional leader, and we look forward to all the future has in store for her.”

Plummer was one of eight finalists for the honor, and now becomes the second women’s volleyball player to receive the honor. She now joins the illustrious list of previous Sullivan Award winners including Wilma Rudolph (1961), Bill Walton (1973), Jackie Joyner-Kersey (1981), Peyton Manning (1997), Michelle Kwan (2001), Michael Phelps (2003), Tim Tebow (2007) and Missy Franklin (2012).

“To be a part of the group of winners that received this award is extremely humbling,” said Plummer during an interview at the awards event. “Those are the people that I looked up to, and now I’ve become one of those people.”

Winners of the AAU James E. Sullivan Award achieve great success on a national and/or international stage through competition in collegiate athletics, Olympic pursuit or similar high profile competitions. The award symbolizes the fostering of a community of respected amateur athletes whose example provides a great model to AUU athletes.

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